

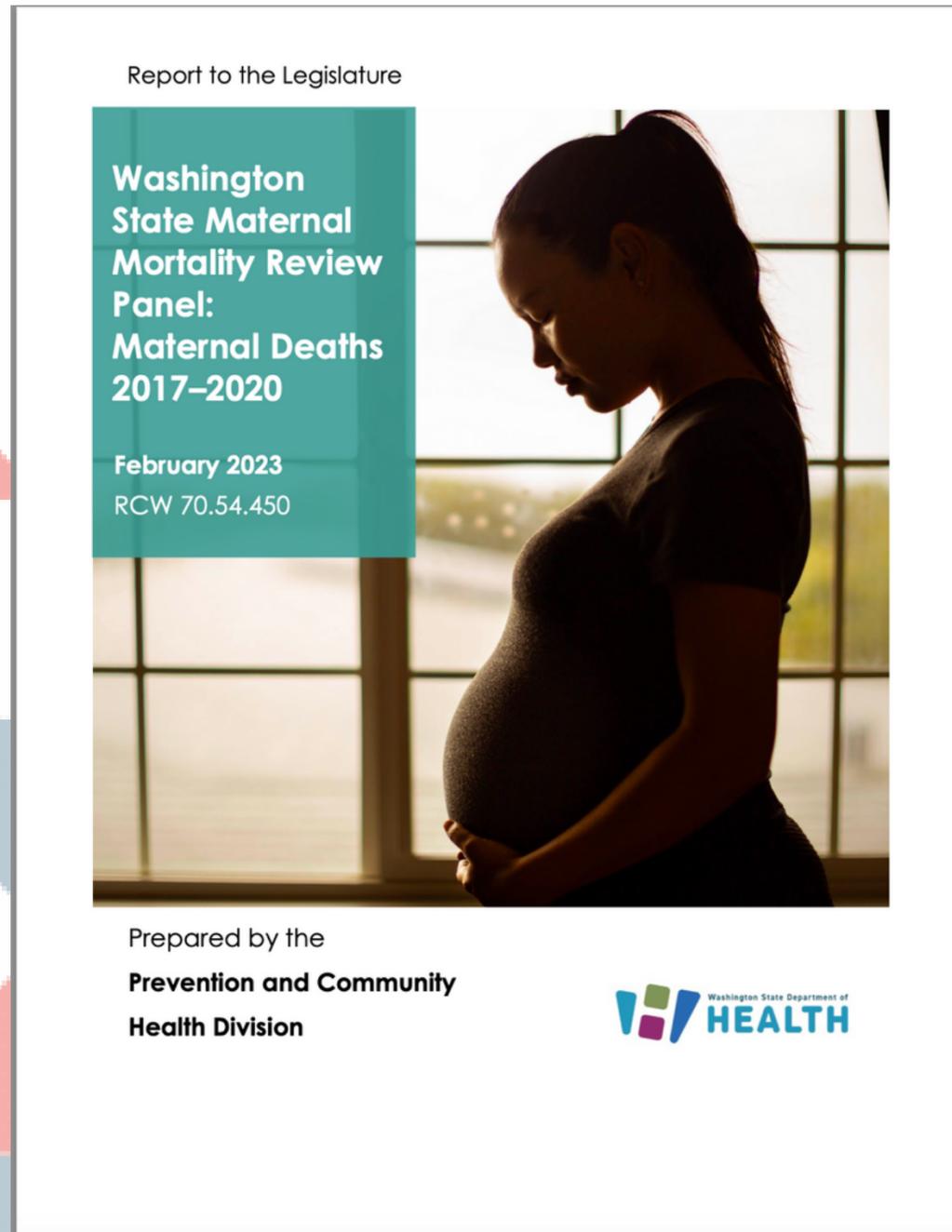


**HUMMINGBIRD INDIGENOUS
FAMILY SERVICES:
A COMMUNITY DESIGNED,
HOLISTIC APPROACH**

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COMMISSION ON NATIVE CHILDREN
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Where do we stand?

- The rate of pregnancy-associated death in non-Hispanic American Indian and Alaska Native people was 8.5 times greater than the corresponding rate for non-Hispanic white people.
- 1/3 of deaths occurred within 42 days after baby was born
- 80% of deaths were preventable





Our babies

- Native babies die at 2-3X the rate as white babies
- accidents and Sudden Unexplained Infant Death (SUID) are among the leading causes.
- Less than 10% of Native babies are exclusively breastfed at 6 months



Hummingbird Indigenous Family Services

Mission:

Healthy Native babies,
born into healthy Native families,
supported by healthy Native communities.



What do we do?



- Hummingbird Indigenous Birth Keepers
- Hummingbird NEST
- Hummingbird Storytelling
- Hummingbird Home Visiting (name to come)



Hummingbird Indigenous BirthKeepers



Hummingbird NEST and Storytelling

- Guaranteed Basic Income
- no-strings attached
- "You are enough"
- Documenting dignity
 - Artist residence
 - documentary





Hummingbird Home Visiting

- **Culturally grounded**
 - **Family Centered**
 - **Strength based**
- Prenatal-3
 - Native caregivers
 - Focused on infant and child development
 - and mindfulness and self compassion



Outcomes

100% of our families were Native American/PI/Native Hawaiian Births

89% of babies were delivered vaginally (73%)

90% unmedicated (32%)

4% premature births (12%)

30% chose out of hospital births

100% breastfeeding initiation rate

100% of our families chose to work with us postpartum for a minimum of 3 months with 5.5 months being average



What families say: What did it feel like to have a Native doula/lactation consultant?

It was grounding and easy, it's like family coming over to hangout but are low key checking out if you're alright or not. Always ready to lend a hand and an ear when needed. It's like having extra sisters and aunties who have your back when you need it.

I felt connected to my roots, i was happy to feel apart of unit/ community/ family.

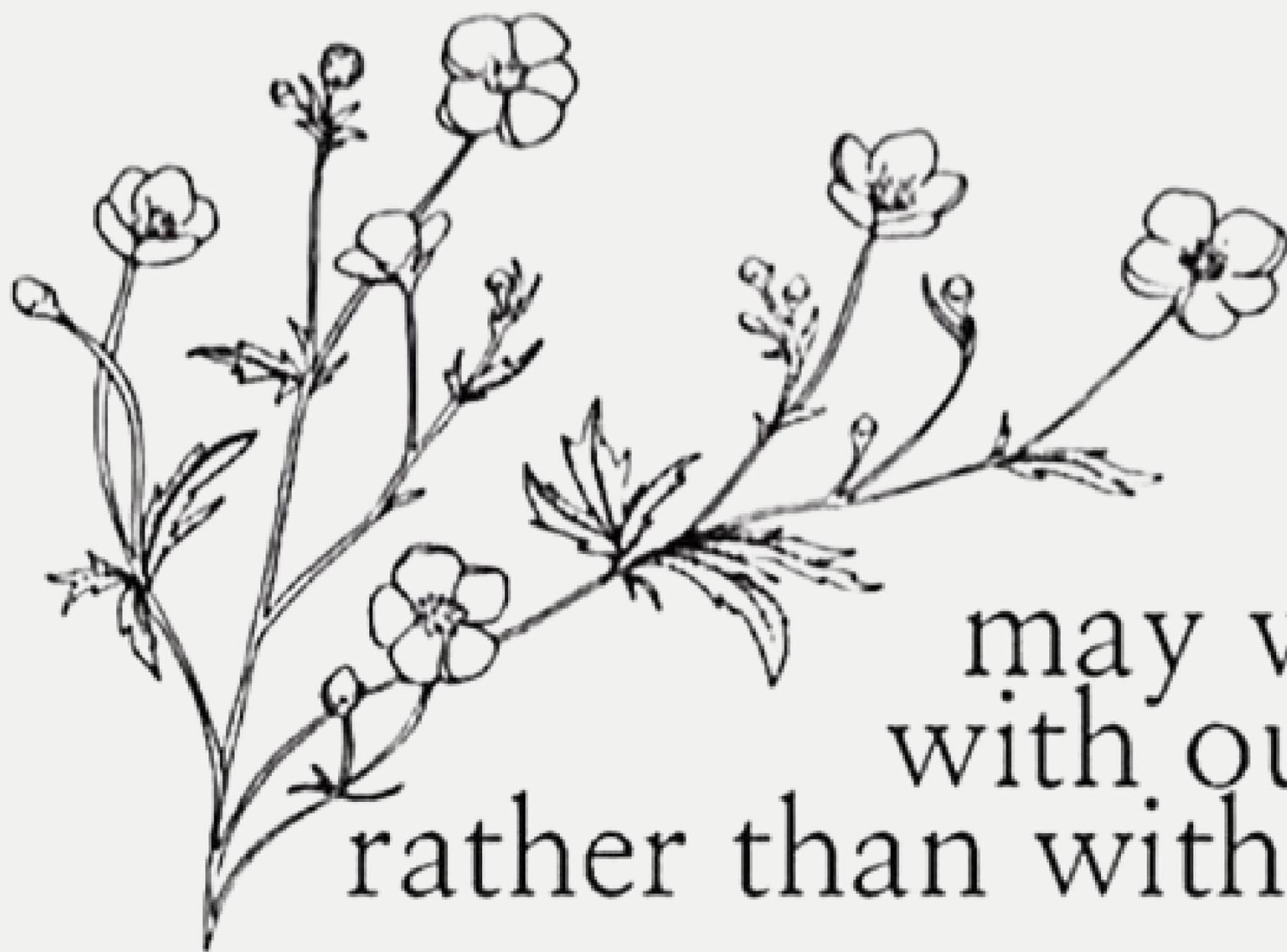
Working with ***** was such a blessing to have in such a confusing and difficult decision. The teachings from her culture bring me comfort in my decision and hope for the future.

***** helped me with healing my body after having my abortion and emotionally. I still reach out to her and probably would not be coping very well without her support.

It feels so reassuring, like a soul's remembering.

Supportive, genuine, caring, and deep.





may we raise our babies
with our indigenous love,
rather than with our colonial pain.

@indigenoumotherhood

Wóphila unkéničiyapi

Thank you

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